

Ice-breaking

1. Tell Me About Me

Take out 5 objects that may give or show information about each other (their ID, a keychain with keys, a personal object they keep in their purses/wallets, etc.). Work in pairs or small groups and share their items with each other. Make deductions about each other based on the objects you have.

2. My Favorite + Snowball

Have one student say their name and what favorite “fill in the blank” is (My name is...; my favorite ... is...). Have the student right next to (or behind) that student say both their classmates' name and favorite ... and their own (Her/His name is...; her/his favorite food is... My name is...; my favorite food is...). Have the next student say their previous classmates' name and their own and so on (if you have a large class you may want to break it into two or three smaller groups or it'll take forever).

Dreams, ideas and plans.

1. Questions.

For discussion:

- What are three wishes you have for your life?
 - If you could choose only one of these to come true, which would it be and why?
 - What would be some positive and negative consequences (results) if each of these wishes came true?
- When you were young, how did you answer this questions: "What do you want to be when you grow up?"
- Have you ever had a wish come true?

In small groups:

- How have your wishes changed since you were young?
- Why are wishes very important to people?
- What in your life would you not change?

2. Situation (in small groups).

- If you have a dream but your family doesn't agree with you, what should you do?

3. Vision Boards (for all). (What is a goal? How's it different from a dream?)

Create a 'vision board' or make a list of goals. This can be in the form of drawings, Pinterest boards, or simply a description of goals. I give you 5-7 minutes and then we'll share our goals.

4. Dreams and Obstacles: The Ultimate Challenge.

We will share our dreams and discuss possible obstacles that may arise on the way to achieving them. You need to work together to find solutions and strategies to overcome these obstacles. I'll divide you into small groups, you need to choose one dream or goal from those that you heard today, or you may choose something more challenging. Then each group should discuss possible obstacles and develop a strategy to overcome them. After the discussion, each group shares their findings and suggestions with the rest of the participants.

5. Debate discussion (for all).

'Should you compromise your dreams and ambitions to focus on financial stability and practical concerns or should you pursue your dreams and goals?'